



Lenten Growth Groups 2010



Lent starts this year on Ash Wednesday, February 17, with Lenten Vespers in the Chapel from 6:30 to 7:00 p.m. Our Lenten Growth Groups will start after that.

Spiritual Terrorism

Tuesdays, 5:30 p.m., in Room A-201

Leader: Boyd Purcell, Ph.D.

Spiritual Terrorism, written by Boyd Purcell, is about the impact of fear-based religion on people's lives who have been spiritually abused by a negative conception of God. Purcell uses an integrative approach which provides the greatest probability of understanding the complex problem of the use and misuse of religion, being liberated from fear-based religion, and finding healing for damaged emotions due to spiritual abuse/terrorism. How often do you get to discuss a book with its author?

Drama in Worship

Mondays, 7:00 p.m., in the Choir Room

Leader: Carole Carter

Carole will demonstrate how the various facets and forms of drama may be used in worship services. The group will prepare drama to be used during Holy Week worship. Come and find your place among the Presby Thespies!

Stitching with the Master Creator: Meditations on a Needlework Theme, Sundays, 3:00 p.m., in Room A-201

Leader: Cindy Wilson

Come along with Cindy as you discover devotional themes on everything in needlework from the stitches to the hands that do the stitching. Written by Floy Dyster, this book speaks volumes about faith, hope and love; it reminds us why we do the projects we love. Bring your own stitching, beading or knitting. Or, we'll teach you something new. For something small, we suggest a bookmark to reward new adult readers in the Literary Volunteers of Kanawha County (housed here at First Presby). \$12/book

The Return of the Prodigal Son

Wednesdays, 6:30 p.m., in Room E-406

Leader: Claire Butler

Join Claire for a group discussion of Henri Nouwen's book, *The Return of the Prodigal Son*. In his book, Nouwen explores the details and implications of Rembrandt's painting, "The Return of the Prodigal Son." The book will be available for purchase. Also a daily Lenten devotional guide based on the book will be provided free to those who would like to give it further reflection during Lent. \$11/book.

Exploring the Sermon Texts for the Season of Lent

Wednesdays, 10:30-12:00 in Room A-201

Leader: Bill McCoy

Join Bill McCoy as he leads this group study of the scriptures he will be using in sermons for Lent. This is a great way to have a more thorough understanding of the sermon and to deepen your worship experience.

Reflecting on *The Mission*

Days and Times to be Announced

Leader: Jim Roberts

The Mission is a movie set in the Upper Rio de la Plata Region of what is now Brazil, Paraguay, Argentina, and Uruguay during the mid-18th century, and is based on the events of the Treaty of



Madrid in 1790 (between Spain and Portugal). It is a powerful story of the fate of the indigenous tribes whose cultures suffered the impact of Spanish and Portuguese colonization, adapted to conversion by the Catholic Church, and was held together as community by the Jesuits. The movie raises as many questions as it does answers to many social issues, some with which we still struggle today. We will view and discuss the movie in segments during the weeks of Lent. All are invited to the group to watch a great movie featuring Jeremy Irons, Robert De Niro, and Liam Neeson. Rated: PG



Lenten Growth Groups continued

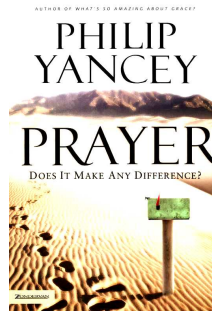


Prayer: Does it Make Any Difference?

Sundays, 9:45 a.m. in Room E-412

Leaders: Diane and Jim Roberts

Prayer is a priceless point of contact between us and the God of the universe. But it is often frustrating, confusing, and fraught with mystery. Award-winning author Philip Yancey will guide us in exploring such questions as: Is God listening? If God knows everything, what's the point of prayer? Why do answers to prayer seem so inconsistent and capricious? How can I make prayer more satisfying? All are welcome to meet with the Foundations, Koinonia, and Seneca Sunday School classes for an honest discussion of prayer.



Knitting Into The Mystery

Mondays, 10:00, in Room E-406

Leader: Joan Steven



Have you heard about First Presby's monthly knitting group with a spiritual purpose? It started as a Lenten Group several years ago and continues to be a meaningful ministry.

Now you too can experience "the mystery." All are welcome - including beginning knitters or crocheters - on Monday mornings during Lent. (The book *Knitting Into The Mystery* is available in the church library.)

Your Whole Life: Eat Right, Live Well, Love God

Wednesdays, Noon in Room E-406

This holistic approach to a healthy life style will help you be the person God intends for you to be—whole, well, at peace. All are welcome to join First Presby's staff in pursuing healthier habits for living.

Book and Journal approx. cost \$30.

Jesus Interprets His Own Cross

Tuesdays, 9:30 to 11:00, in Room A-201

Join the Tuesday Morning Bible Study on February 9 as they begin a 13-week study of Ken Bailey's *Jesus Interprets His Own Cross*. Sure to be informative, come each week or as you are able.



SoulCollage As A Spiritual Path

Fridays, 10:00-12:00, in Room A-201

Leader: Ina Armstrong

Theologian and scholar Alexander Shaia once said, "What is true is that art is a hands-on, eyes open meditation." This quote aptly fits the *SoulCollage* process. Ina will lead the group through the selection of paper items such as magazine pictures as each one creates personal collages that reflect and honor a part of their soul. Come and discover some part of you that may be lying dormant.

Spirituality Center

Open weekdays, February 22 - April 2, Room E-302

Facilitator: Barbara Hopta.

Our world bombards us with noise. We don't know how to ask for silence when we need it. The Spirituality Center provides a gentle place for children and adults to experience God's presence through quiet, reflective activities.

With so many groups to choose from, we hope that you will find one or more in which you can participate.

Please take this information home and share it with a friend.

All are welcome.

Use the sign-up sheets in the church main hallway to register or telephone First Presbyterian Church at 304-343-8961. You will be contacted prior to the start of the Group.